



Kenesaw Elementary Families,

I am Laura Overby, a school counselor and now published author from Omaha, NE. I am excited to be able to meet your children on March 19th and teach them about emotion regulation strategies, as well as how to become an author.

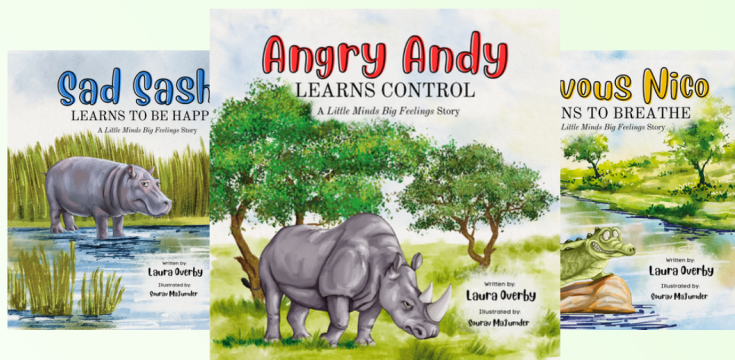
If you desire, you are welcome to order your books ahead of time through Amazon or through us directly. (See links below) This will give you and your child the opportunity to practice some of these strategies ahead of time.

At Little Minds Big Feelings, our mission is to empower parents, teachers, and children with tools and strategies to better identify, manage, and express feelings in healthy and productive ways. We believe that learning emotional intelligence at an early age is the cornerstone of a child's overall development. Improving a child's emotional intelligence will positively impact future relationships, mental health, and ultimately long-term success in life.

We hope that these fun and engaging stories can enhance your parenting and teaching sessions to help your children better understand social emotional concepts and use these strategies in their every day life. We hope that you find value in this book, its message and lesson, and it positively impacts your family and community.

Sincerely,

*Laura Overby*



Purchase from us



Order from Amazon



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The books will be brought to Kenesaw Elementary and distributed to your child on March 19th.