

Dear Parents:

In the wake of the worldwide spread of COVID-19 (Coronavirus), the recent diagnosis of COVID-19 in a fan that attended the Girls State Basketball Tournament in Lincoln last week, and the high levels of influenza virus still circulating, we at Kenesaw Public Schools feel it is necessary to provide factual, helpful information and updates to our patrons. The intent of this letter is not to create panic, but to make you aware of the best prevention practices, symptoms to look for, and what to do if you or your children exhibit any signs of illness.

With living in a mobile society, and the spread of the COVID-19 virus evolving everyday, it is necessary for all of us to be diligent in helping to stop the spread of germs by adhering to the following prevention practices:

- Washing your hands often with soap and water for 20 seconds
- Avoid touching your eyes, nose, or mouth
- Avoid close contact with people who are sick
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- If a cough or sneeze sneaks up on you and no tissue is available, cough or sneeze into your upper sleeve/elbow
- Clean and disinfect frequently touched objects and surfaces
- Stay home when you are sick, except to get medical care
- For the time being, avoid gatherings with large crowds

If you or your child is exhibiting symptoms of COVID-19 (fever, dry cough, shortness of breath or difficulty breathing) or of influenza (fever, cough, congestion, body aches, fatigue), please follow the guidelines listed below:

- Stay home and contact your doctor right away with your symptoms
- Please call your doctor ahead to tell him or her about your symptoms, any recent travels, and possible exposure **before** you go to an appointment as they may want to take special precautions at the doctor's office/clinic

Attached is a fact sheet on COVID-19 and what to do if you happen to become sick with the virus. Be alert for more information from the school as the COVID-19 situation evolves.

Sincerely,

Jackie Cornelius R.N.
Kenesaw School Nurse